

NEIGHBORHOOD NEWS

*Providing compassionate, skilled medical care
to those in need.*



January 2023

<https://gnfmcbeaufort.org>



GOOD NEIGHBOR GRANT NEWS



Good Neighbor had an amazing year-end 2022 with incredible community support both from individuals and grantors. We were thrilled to have the continued support from our friends at the **Owens Foundation** and **Beaufort County Human Services Alliance**. This year, **Pledge the Pink Foundation (PTP)** increased their support to the clinic. We had so much fun helping at the PTP event last fall.

GNMC was excited to welcome back grant support from **The Bargain Box Foundation**, **Friends of Callawassie Island (FOCI)** and **The Beaufort Charities**. We are looking forward to providing a tour for FOCI board members soon.



100 Women Who Care presenting their gift

We wrapped up the year with a generous award for last quarter support from **100 Women Who Care Beaufort**. Thanks so much to GNMC volunteers, **Ingrid Schweitzer** and **Jeanine Herring**, for nominating our organization and being such committed advocates for the clinic. Here is the link to learn more about this organization: <https://100wwcbeaufort.org/>. On November 14, leadership and members toured the clinic and presented us with the big check. Cassi Kilpatrick had the opportunity to share our appreciation and story with the entire 100WWC Beaufort group at their meeting following the holidays on January 10.

CASSI'S CORNER

Our staff and volunteers were very busy in 2022 and closed out the year with some wonderful accomplishments worthy of sharing and celebrating!

Staff took time to attend a retreat and to participate in a SWOT analysis, threats assessment, security system implementation, and a Risk Management Policy update. Staff and volunteers participated in training sessions for Narcan usage, Diversity Awareness, and the operation of our new EKG machine. Great teamwork enabled enhancements to the Clinic as we grew and strengthened community partnerships and completed a smooth transition to paperless systems (including dictation and e-prescribing) and compilation of an Employee Handbook to be implemented in 2023. We also welcomed three new providers, eight admin and clinical volunteers, and a Community Health Worker. We had our first Volunteer Appreciation event, first Fundraising Pickleball Tournament, and first community Health Fair.

Good Neighbor Medical Clinic saw a 24% growth in our patient population in 2022! Our volunteers donated 8,174 hours of faithful service providing 3,438 on-site patient visits, 377 in-house lab tests, 68 in-house diagnostic tests, and 24 on-site procedures. We provided 827 specialty care visits through referrals and over 600 labs and imaging tests. Over 16,683 prescriptions were provided to our patients at no charge. We provided over 3.8 million dollars in medical services overall. We also invested in the future of healthcare by training 16 future nurses and 2 potential medical providers. Our donor base has more than doubled, and our annual fundraising campaign increased 20%.

The Board of Directors had a very productive year. They held their first annual board retreat, worked over six months with a consultant group, created a new strategic plan, and achieved many goals by forming new working committees. The Board also expanded by welcoming three new members.

While the list speaks for itself, there are not enough words to express my gratitude to our team for their dedication and perseverance through another year of growth and change and to our partners who continue to support our mission. 2023 has some big shoes to fill!

~ Cassi

STAFF & VOLUNTEER UPDATES

Please join us in welcoming new volunteers who joined us during December and January. We are excited to announce the addition of two providers to our team, **Dr. Alex Dlugi** and **Dr. Douglas Folzenlogen**, and a new Clinical Director, **Sarah Smith, RN BSN**. Our current Director **Jenny Meyers, RN**, is semi-retiring, and we are fortunate to keep her as PRN to continue serving the clinic when needed. **Sarah Folzenlogen, RN** has joined the volunteer clinical team, and **John Duncan** will be helping us in admin/intake. Three new board members have also joined our team: **Kathy Baxley, Fred Washington Jr.**, and **Lisa Wilt**.



Board members
Kathy, Fred and Lisa



Our Nurses
Jenny and Sarah



COMMUNITY PARTNERS



During the past year, we grew and strengthened our partnerships. We created new collaborations with **The Rotary Club of Beaufort, Coastal Empire Mental Health, Palmetto Pain Center, Lions Vision Services** and **Lowcountry Outreach**, allowing us to add services such as mental health, pain management, cataract surgery, and transportation for our patients. We also strengthened relationships with **Beaufort Memorial Hospital, Coastal Community Foundation, Community Foundation of the Lowcountry** and **University of South Carolina of Beaufort's Nursing Program** through collaborative meetings and co-hosted events.



GNMC joined forces with **USCB Nursing** and **The Rotary Club of Beaufort** to host a Health Fair at Walmart last November. The community had an opportunity for free blood pressure and blood glucose tests and to learn more about our services.



*Thank you all
for what you do
for Good Neighbor!*



Good Neighbor always enjoys sharing our mission with the **Leadership of Beaufort Class**, seen here. We opened the clinic for a special educational tour about the services we provide.



We are thankful for our friends at the **Sea Island Quilters**. Here is **Donna McCoy** dropping off gorgeous cozy quilts for our patients last November as the weather started cooling off for the season.



OUTREACH

The **Community Health Worker Program** has been a HUGE success! **Jack Moody** has worked very hard to assist our patients with special needs and helping them navigate to needed resources. The most successful resource has been our newly formed relationship with **Lowcountry Outreach's** transportation program. We have worked very well with them to establish a process. This new service, started on November 1, 2022, has already provided over 15 rides for our patients for care as far as MUSC! We look forward to seeing our show rate in Clinic increase with this new collaboration!!



!!! SAVE THE DATES !!!



The 2023 South Carolina Free Clinic Association Annual Conference will be held from **February 1 through February 3** at the Francis Marion Hotel in Charleston, SC. To register visit <https://www.eventbrite.com/e/511989112217>. For hotel reservations call 843-722-0600 and mention SC Free Clinic Association.

GNMC is partnering with grantor **The Beaufort Charities** to assist with their **2023 Palooza in the Park** on **March 3 & 4**. Friday night for 21+ will feature the "Eagles Sunrise Band" with beer, wine, liquor, and food trucks. Saturday is the Annual Oyster Roast with Shag DJ early afternoon and Deas-Guyz all evening, plus the Beer Garden, two live auctions (4pm & 7pm), FREE Kids Zone and Smore's by the Fire. GNMC will have tickets for sale for these events soon with a portion from every ticket sold by GNMC going to support our mission.



GNMC is collaborating with **USCB Center for the Arts** and **Beaufort Memorial Hospital** on two events: the **Women's Wellness Super Hero 5K** on **March 4** in downtown Beaufort AND the **Women's Wellness Retreat** on **March 24 & 25**. The Retreat offers something for women of all ages, races, and socioeconomic positions including workshops on topics such as financial planning, women's health issues, yoga and meditation, stress prevention and time management, journaling, resiliency skills, self-care, mental and emotional health and more. Race sign-up is available at <https://runsignup.com/Race/SC/Beaufort/WomensWellness5K>

PICKLEBALL!!! GNMC is partnering with our friends at the **Beaufort Yacht & Sailing Club** to host the **GNMC Pickleball Classic**, a two day tournament on **April 22 and 23**. Last year's event was a huge success and we are looking forward to another *smash* hit this year. We're actively recruiting participants, volunteers and sponsors for this super fun event. More details to come!!



If you are interested in learning more about these events and how you can help, please contact Janie Lackman at janie@gnbfmcbeaufort.org.

SHOUT OUTS!



SHOUT OUT to **Al Dedel** for his many years serving as The Treasurer for the Board of Directors. Al has completed his service on the BOD, but continues to serve as a leader for the operations of the clinic. Thank you Al for all you do!

Al Dedel, Sylvia Bailey, Dene McCain, and Sookie Weymouth for always stepping in to help with extra shifts.

Sally Kneisel for always coming in with a smile.

Ann Nobles for serving on the Board and the Front Desk!

Welcome **Nancy Hahn** and **Sookie Weymouth** back from the North.

The Intake and Annual Review Teams for their success in uploading documents!

Becky McCann, our Spanish interpreter, for always being a joyful advocate for our Spanish Speaking patients.

Carol Gelormino for her professionalism on the evening shifts!

Chrissy VanErkelens and **Ingrid Schweitzer** for additional Quality Control work on the EHR transition.

Cheryl Johnson's Scheduling Board has been so helpful in managing the shifting provider schedules.

Melanie Berding for scanning additional chart information.

Lisa Wilt for her endless expertise in data management!

Janie Lackman for hitting a personal goal and completing her first Marathon at Disney!

***All of you are wonderful! This clinic would not be possible without each of you!
Thank you, thank you, thank you!!!***

CONGRATULATIONS!!

GNMC's **Dr. John Gray** became a 2023 *Lowcountry Lifetime Achievement Awardee* on January 14, 2023. Executive Director, **Cassi Kilpatrick**, along with several board members and clinic volunteers attended the event to celebrate with Dr. Gray, who served as our Medical Director from 2008-2020. Congratulations to all that were honored at this event. We are so thankful and blessed by the contributions of Dr. Gray to Good Neighbor Medical Clinic and the entire Beaufort community!



Board of Directors

James Grimsley, *Chair* ~ Alice Moss, *Treasurer* ~ Susan Roos, DNP, *Secretary*

Karen Carroll, DNP ~ Dana Wheeler, RN, MSN ~ The Rev. Dr. E. Ann Nobles

Kathy Baxley ~ Fred Washington, Jr. ~ Lisa Wilt

Ex-Officio: Cassi Kilpatrick, BSN, *Executive Director* ~ Steven Kessel, MD, *Medical Director*



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